

Courtney Taucher, MA, LPC, LAC, RYT,CPT

SUMMARY

- **Development and financial management:** Created and managed budgets at Colorado Coalition for the Homeless: Integrated Behavioral Health and at Community Reach Center: three independent residential programs. Responsible for large grant award by the city of Denver, Denver's Road Home, and reported to state and city officials on program outcomes quarterly.
 - **Program design, implementation and development:** Planned, implemented and developed an interdisciplinary program by merging programs and forming Integrated Behavioral Health. Implemented ongoing program optimization. Revitalized an existing IDDT program, leading to two internal promotions.
 - **Supervisory experience:** Skilled at building, energizing and supervising teams. Managed interdisciplinary teams; includes recruiting, hiring and supervising staff of diverse backgrounds and education, as well as master's level clinicians toward licensure.
 - **Advocacy work, community building, and collaboration:** In 2016, joined leadership team as an active board member for Golden Women in Business, Golden Colorado. Represented the Colorado Coalition for the Homeless in two statewide advisory groups, including the RFP for creating a Colorado Crisis Recovery System and Colorado Civil Commitment, Special Population advisory group. Attended Denver metro ACC/RCCO quarterly and was an invitee for discussion and focus group to develop new curriculum, Health and Wellness, for the University of Denver Graduate School Of Social Work. Volunteered with the following organizations: Warren Village, Volunteers of America (Denver and Durango), Gathering Place, National Repertory Orchestra, member of the Junior League of Denver and served a term from 2011-2013 as Secretary/Treasurer of Highlands View Homeowners Board. Currently serving on the board for the Golden Woman in Business from January 2016-present.
 - **Clinical experience:** Experienced in completing comprehensive clinical intakes utilizing the DSM to determine diagnostic impressions, recommending and providing appropriate treatment. Specialize in treatment of persons experiencing co-occurring disorders with both adolescents and adults. Experienced providing individual, family, couples and group counseling. Proficient in the implementation of behavioral, solution focused and trauma informed interventions.
 - **Teaching experience:** Teacher for graduate level social work courses at the University of Denver. Created and taught wellness workshops, and developed and facilitated Trauma Informed Care training **Vicarious Trauma, an Integrated Approach to Wellness** for Intervention Community Corrections Services since 10/2014.
- OBH-Approved CAC Trainer-Trauma Informed Care for Diverse Populations:** Developed CAC-Certified Addiction Counselor course that is approved by the Colorado Office of Behavioral Health. Trainees upon completion of class and passage of exam will receive a certificate.

WORK HISTORY

University of Denver, Graduate School of Social Work, September 2014-present, Adjunct Professor

Trauma and Recovery-Fall 2014

Mental Health, Drug Dependency, Policy and Systems-Spring 2015

Intersections of Mental Health, Substance Use, and Trauma-Fall 2015

Mental Health, Drug Dependency, Policy and Systems- Spring 2016

Intersections of Mental Health, Substance Use, and Trauma-Spring 2016

Intersections of Mental Health, Substance Use, and Trauma-Fall 2016

Mental Health, Drug Dependency, Policy and Systems- Scheduled to teach Spring 2017

Child and Adolescent Resiliency - Scheduled to teach Spring 2017

Encompass Healing, April 2014-present, Owner/Licensed Psychotherapist- Golden, Co Providing therapy services to adults, adolescents, and families. Specializing in trauma, mood and anxiety disorders, substance use disorders, relationship concerns, and life changing events.

Foundation of therapeutic approach is strength based, holistic approach to health and wellness, embracing a trauma informed care perspective.

Therapeutic models stem from evidence based practices, ACT-Acceptance Commitment Therapy, and CBT-Cognitive Behavioral Therapy.

Recent classes developed and taught:

- Trauma Informed Care for Diverse Populations
- Trauma Informed Care and a Wellness Perspective
- Gender Specific Trauma Informed Care
- Physiology of Fear (Co-developed and facilitated)
- Foam Rolling 101-SMR Basics
- Yoga and Stress Management

Earth Treks Climbing Center, May, 2015-present, Yoga Teacher

Strong Vinyasa, Gentle flow, and Restorative yoga.

Powered By You Training Studio, December 2014-present, Certified Personal Trainer Provide personal training in a private training studio and in home training. Specializing in special populations, medical conditions, weight loss, and senior specific training.

Intervention-Behavioral Treatment Services, June 2014-May 2015, Clinical Supervisor, Consultant,

Provide clinical and program consultation for the Clinical Director of BTS. Perform weekly clinical supervision to master level clinicians in four BTS programs, supervising five staff for LPC and LAC licensure. Conduct mental health and substance abuse evaluations for outpatient and residential programs.

Community Reach Center, January 2014-May 2014, Residential Continuum Program Manager

Responsible for complete program oversight of two Alternative Care Facilities and one supportive housing program for adult consumers with SPMI. Provided supervision to bachelor and master level residential clinicians and assumes the lead of multi-disciplinary team: Developed program goals, track outcomes and developed effective clinical program. Assured program compliance with state regulatory agencies. Participate as a member of agency management team.

Colorado Coalition for the Homeless: September 2009-December 2013

Program Manager, Integrated Behavioral Health at Stout Street Clinic: October 2012-December 2013

Assumed the lead in merging two programs during the first months of hire; formed Integrated Behavioral Health. Part of the team developing a new (PCMH) Patient Centered Medical Home model of care. Provide department oversight of Behavioral Health; manage 10 staff and administratively manage 18 staff; this includes licensed therapists, psychiatric RN, CAC's, housing counselor, program coordinator and provides administrative oversight of psychiatrists and nurse practitioners

Integrated Dual Diagnosis Treatment Therapist Coordinator September 2011-October 2012

Provided individual clinical supervision to IDDT therapists. Guided, motivate and explore therapeutic process with clinicians. Provided supervision groups for CAC and LPC credentials. Maintained a caseload providing diagnostic intakes, assessments, individual and group therapy. Functioned from a strengths based perspective; implementing Motivational Interviewing, Brief Solution Focused Therapy and Cognitive Behavioral Therapy.

Integrated Dual Diagnosis Treatment Therapist September 2009-September 2011

Provided individual and group therapy to adults experiencing homeless in the Denver Metro area.

Addiction Research Treatment Services (ARTS), MST Family Therapist: Synergy Outpatient Program, February 2008-August 2009

Performed program intakes, assessments, evaluated for placement based on criteria from ASAM, provided MST family therapy and individual therapy. Provided on-call crisis services for agency clients. Collaborated with systemic providers and participated in weekly consultation, group and individual supervision.

Aurora Mental Health Center, Contract Therapist: Offenders Group, January 2008-April 2008 and September 2009-June 2010

Offended specific treatment: Sex Offender, Domestic Violence and Substance Abuse treatment provided both in group and individual counseling. Performed program intakes and conducted evaluations for courts.

Urban Peak, Relief Staff: The Spot, 2007-January 2008

Provide supportive services at drop in center for homeless youth.

Mental Health Center of Denver, Residential Counselor II, September 2004-August 2005

Performed intake, evaluations, discharges, individual and Group Counseling with adults; primarily with dual diagnoses. Monitored clients ADLs, administered medication and monitored milieu for safety and implemented crisis interventions.

Hospital Shared Services, Mental Health Worker, April 2004-August 2005

Contracted to work in adult residential group homes, acute care, in-patient, and adolescent correction facilities.

Southwest Mental Health, Residential Counselor I, March-June 2003

Provided residential counseling care in a long term care facility for adults with SPMI.

EDUCATION AND TRAINING

Master of Arts, Counseling

REGIS UNIVERSITY, Denver, CO, 2007

Counseling Intern

Aurora Mental Health Center: Offenders Group, Aurora, CO Jan-Dec 2007

Bachelor of Arts, Psychology,

FORT LEWIS COLLEGE Durango, CO 2003

Psychology Intern

Napa State Hospital, Napa, CA June 2003-Aug 2003

600 HOUR Personal Training Program

NATIONAL PERSONAL TRAINING INSTITUTE OF COLORADO, Lakewood, CO

May 2014-December 2014

200 HOUR Yoga Teacher Training

GIVE PEACE A CHANGE YOGA TEACHER TRAINING, ARVADA, CO

January 2015-May 2015

Licensed Professional Counselor

LICENSED # 5601

Licensed Addiction Counselor

LICENSED # 283

NASM-Certified Personal Trainer

NATIONAL ACADEMY OF SPORTS MEDICINE

200 hour Registered Yoga Teacher

Yoga Alliance

EMDR

EMDR INSTITUTE, Inc. Part 1, 2007

Professional Membership

American Counseling Association